

P. R. Pote (Patil) College of Engineering and Management, Amravati

National Service Scheme Cell


Session 2020-21

NOTICE

Date: 19/06/2021

All the students of **Second & Third Year, Teaching & Non-Teaching staff** are hereby informed that our department of NSS Cell is going to arrange a **“Yoga for Daily Life program”** dated 21/06/2021 at 08:00 To 10:00 AM. So all the students & Staff are requested to attend the same.


Co-ordinator, IQAC
P.R. Pote (Patil) C O E & M
Amravati


NSS PO
Prof. S. S. Mendhe
NSS Co-ordinator Officer
P. R. Pote (Patil) Edu. & Well. Trust
College of Engg. & Management, Amravati.

P. R. Pote Patil Education and Welfare's Trust Group of Institution,

College of Engineering and Management, Amravati

Session 2020-21

YOGA For Daily Life

Name of Course: Yoga For Daily Life

Nature of Course: Offline

Career Opportunity: Exposure to life skill of Life

Objectives of the course:

To aware the students about Health Responsibility

Outcomes of the course:

Students got the idea about how to represent different skill enhance during YOGA

Name of Resource person: NSS Cell

Course Duration & Schedule: 21/06/2021, 08:00 to 10:00 AM


Target Participants: All Students Teaching & Non- Teaching Staff

Course Structure and Syllabus : - Different areas of Social Welfare ,


Methods of Instruction: Offline

Photo Gallery:-

P. R. Pote Patil Group of Educational Institutes


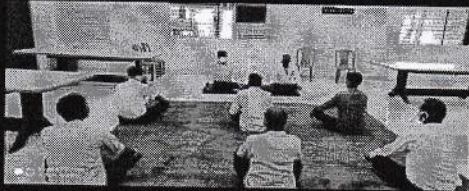




P. R. Pote Patil
College of Engineering &
Management, Amravati



NSS


21 JUNE International YOGAday






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P. R. Pote Patil Group of Educational Institutes


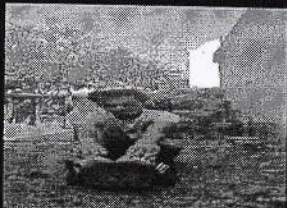
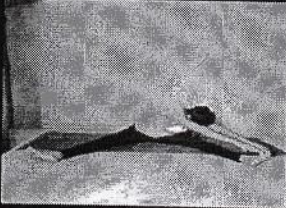


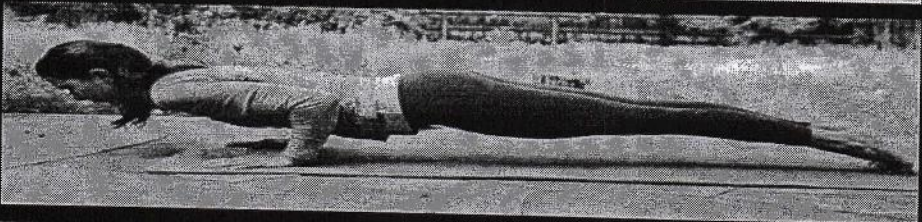
P. R. Pote Patil
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NSS

21 JUNE International YOGAday





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P. R. Pote Patil College of Engineering And Management Amravati



National Service Scheme (N.S.S.)

Yoga for Daily Life

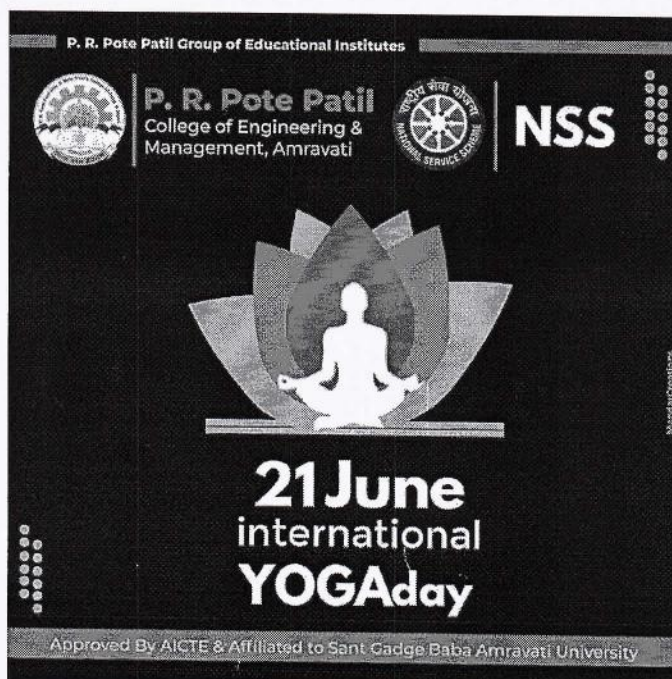
This year the Yoga day celebrations were held at P. R. Pote Patil College of Engineering & Management Amravati on 2021 June 21. The session was held in our Library. Faculty member from various departments took part in the celebration. The inaugural speech was given by the NSS Programme officer Prof. Shridhar S. Mendhe who emphasized the importance of Yoga and physical exercises in daily life.

A group of Faculty who were yoga students performed several asanas. They also performed standing and sitting asanas. One could understand by watching their performance that they have been practising yoga for the last few years.

The NSS Volunteers and student celebrates International Yoga Day in their respective home due to Covid-19 Pandemic

Some of the seniors even did some of the tough asanas. Our yoga teacher showed us some simple and beginner asanas which we did for about 150 minutes. The session was really organised. There were teachers all around us to help us in case we had trouble performing or understanding asanas. All the students participated eagerly.

Even our principal Dr. A. V. Kale & Vice Principal Dr. Mohd. Zuhair took active participation in yoga day celebrations. About its history, a century of origin, how it helped the common people. They even told us that yoga helps increase concentration. Yoga day was celebrated with great enthusiasm.



P. R. Pote Patil Group of Educational Institutes

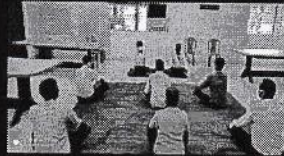


P. R. Pote Patil
College of Engineering &
Management, Amravati



NSS

21 JUNE International **YOGA**day



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P. R. Pote Patil Group of Educational Institutes

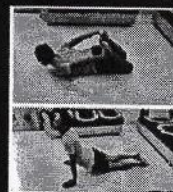


P. R. Pote Patil
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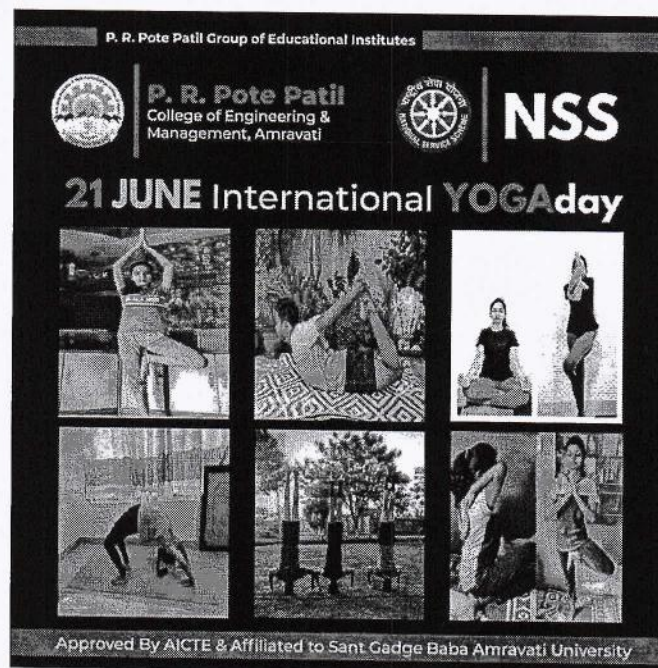
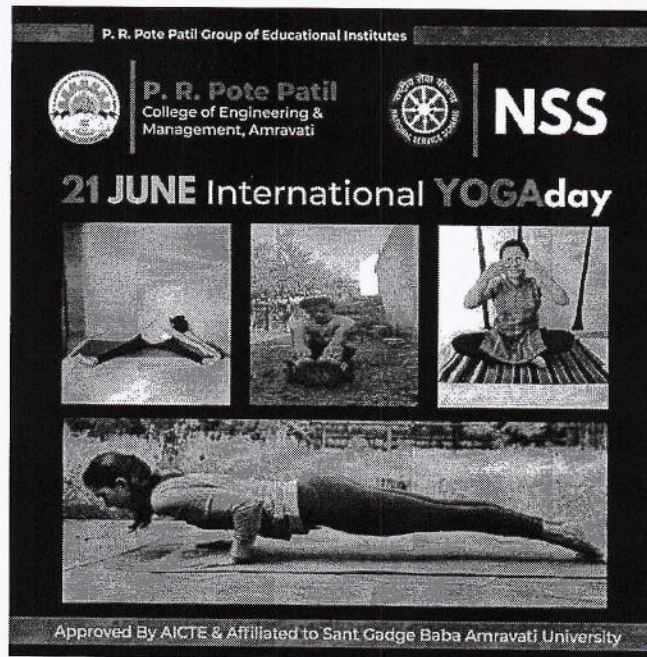


NSS

21 JUNE International **YOGA**day




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Photograph taken During Yoga Day Programme

All Respective Head of Department & Faculty member was graced the occasion. The programme arraigned by NSS Volunteers & NSS Programme Officer.


Co-ordinator, IQAC
P.R. Pote (Patil) C O E & M
Amravati


NSS Programme Officer
Prof. S.S. Mendhe
(Asst. Prof. Mechanical Engg. Department)
N.S.S. Programme Officer
P. R. Pote (Patil) Edu. & Welf. Trustee
College of Engg. & Management, Amravati.

P.R Pote College of Engineering & Management Amravati

Attendance Yoga for Daily Life Program

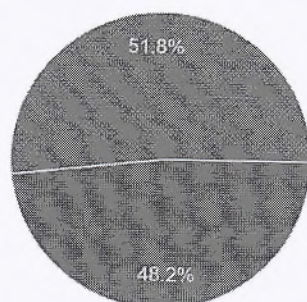
Date: 21/06/21

Sr.No	Timestamp	Name of Staff
1	21/06/2021 8:06	ViveK Dhaskat
2	21/06/2021 8:07	Atul Bhadange
3	21/06/2021 8:07	Sanjay R Tiwari
4	21/06/2021 8:07	Ramdas S.Kolhe
5	21/06/2021 8:07	Surendra Balsaraf
6	21/06/2021 8:07	Sachin M khande
7	21/06/2021 8:08	Rajesh H Tong
8	21/06/2021 8:08	Leon W Francis
9	21/06/2021 8:08	Ramdas R Patil
10	21/06/2021 8:08	Suyash G Deshmukh
11	21/06/2021 8:08	Dipika R Udasi
12	21/06/2021 8:08	Bhushan Dhote
13	21/06/2021 8:09	Ritesh R Amzare
14	21/06/2021 8:09	Ritesh sakhe
15	21/06/2021 8:09	Amol D Ingale
16	21/06/2021 8:09	Dinesh Bonde
17	21/06/2021 8:09	Pratik Bhanarkar
18	21/06/2021 8:09	Satish kale
19	21/06/2021 8:09	Aniket M Bijwe
20	21/06/2021 8:10	Chandrashekhar Thkare
21	21/06/2021 8:10	Nilesh M Talokar
22	21/06/2021 8:10	Rahul A Kantole
23	21/06/2021 8:10	Arvind Dhanpurkar
24	21/06/2021 8:10	Nilesh Deshmukh
25	21/06/2021 8:10	Nilesh V Sarkate
26	21/06/2021 8:10	Atul Nachankar
27	21/06/2021 8:10	Rajesh D Sawarkar
28	21/06/2021 8:10	Gopal M Mahajan
29	21/06/2021 8:11	Vivek Vaidya
30	21/06/2021 8:11	Manoj V Solao
31	21/06/2021 8:11	Sanjay Bedare
32	21/06/2021 8:11	Rushikesh A Kadu
33	21/06/2021 8:11	Santosh M Sarrap
34	21/06/2021 8:11	Rupwansh S Tehare
35	21/06/2021 8:12	Ajay Deshmukh
36	21/06/2021 8:12	Anil S Dharmale
37	21/06/2021 8:12	Pankaj L Mondhe
38	21/06/2021 8:13	Rahul Pavitrakar
39	21/06/2021 8:13	Sachin Atkari
40	21/06/2021 8:13	Vijay D Lonkar
41	21/06/2021 8:13	Mahendra Sawale
42	21/06/2021 8:14	Sunil V Nandurkar
43	21/06/2021 8:14	Gajendra S Badase
44	21/06/2021 8:14	Trishul Dahake
45	21/06/2021 8:15	Nilesh B Bhagwat

Feedback Analysis:-

Year

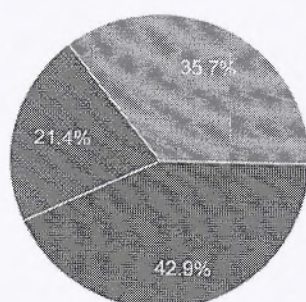
56 responses



- Second
- Third
- Final
- Faculty
- Other

Section

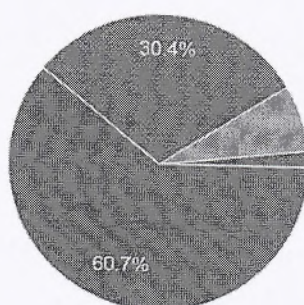
56 responses



- A
- B
- C
- CSE(Faculty)
- other

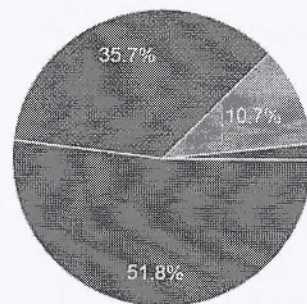
1. The experience of the competition was

56 responses



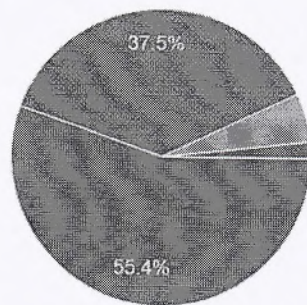
- Completely Satisfying
- Satisfying
- Average
- Not Satisfying

2. How was the presentation delivered
56 responses



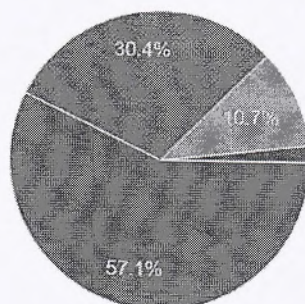
- Completely Satisfying
- Satisfying
- Average
- Not Satisfying

3. How was the event Structure
56 responses



- Completely Satisfying
- Satisfying
- Average
- Not Satisfying

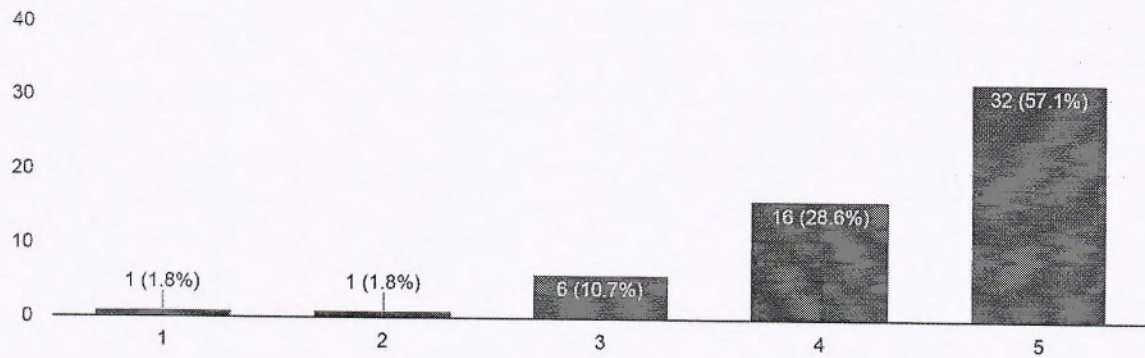
4. Overall experience of the event
56 responses



- Completely Satisfying
- Satisfying
- Average
- Not Satisfying

5. How will you rate the session

56 responses



J. S. W.

Co-ordinator, IQAC
P.R. Pote (Patil) C O E & M
Amravati

Prof. S. S. Mendhe

CERTIFICATE

OF PARTICIPATION

THIS CERTIFIES THAT

Mr. Dinesh Bonde

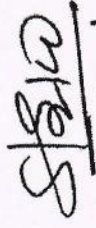
has actively attended the session on

Program on Yoga for daily Life for Non-Teaching Staff

Conducted by National Service Scheme in association with **IQAC** of PR Pote Patil College of Engineering & Management Amravati
on **21th June 2021.**



Prof. S.S. Mendhe
Program Convener



Dr. S. B. Warkad
IQAC Co-ordinator

CERTIFICATE

OF PARTICIPATION

THIS CERTIFIES THAT

Mr. Dyaneshwar Ambadkar

has actively attended the session on

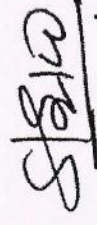
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on **21th June 2021.**



Prof. S.S. Mendhe

Program Convener



Dr. S. B. Warkad

IQAC Co-ordinator